

~ Mastick Senior Center Activity Schedule ~
August 2021 Modified Hours: Monday – Friday
Lobby: 9:00 a.m. – 1:00 p.m.
Courtyard: 9:00 a.m. – 3:00 p.m.

Face-coverings are required while inside City facilities, including Mastick Senior Center, in an effort to protect members and staff. However, when participating in activities outdoors, face-coverings are not required. Physical distancing is required when participating in activities in/outdoors.

In addition, food and beverage consumption is **not permitted** on campus at this time (exception water bottle). While participating outdoors, members are encouraged to dress in layers, bring hats, sunscreen, and anything necessary to provide for own comfort.

Programs are updated regularly and included in the monthly email blast. Refer to www.mastickcenter.com for current listings. For more information or to register for a program, visit <https://www.alamedaca.gov/Departments/Recreation-Parks> or call (510) 747-7500. At this time, members are encouraged to register online or to call the Center before visiting in person.

Monday			
Activity	Time	Location	Requirements
Billiards	9:00 a.m. – 3:00 p.m.	Pool Room	Maximum Capacity = 8
Computer Lab	Timed slots as follows: 9:00 a.m. – 9:45 a.m. 10:00 a.m. – 10:45 a.m. 11:00 a.m. – 11:45 a.m. 12:00 – 12:45 p.m.	Room C	13 computers available Reservation Encouraged Call 510-747-7500 First Come, First Served
Legal Assistance for Seniors (LAS)	TBD	TBD	Appointment Required Call 510-832-3040
Lending Library	10:00 a.m. – 12:00	Media Room	Maximum Capacity = 8
Line Dance - Beginners	12:30 p.m. – 2:00 p.m.	Mastick Patio	Fee ~ Registration Required Maximum Capacity = 20
Lunch Program	11:45 a.m. – 12:30 p.m.	Grab & Go Dining Room I	Reservation Required Call 510-747-7503
Mah Jongg	9:00 a.m. – 3:00 p.m.	Mastick Courtyard	Reservation Encouraged Call 510-747-7500 First Come, First Served
Mastick's Volunteer Walking Group	9:30 a.m.	Varies	Registration Required
Philosophy Discussion Group	3:00 p.m. – 5:00 p.m.	Virtual (Zoom)	Registration Required Link provided upon request
Quilting & Sewing Circle	9:00 a.m. – 12:00	Room B	Free ~ Registration Required 3-week sessions: 8/9 – 8/23 ~ Class #13716 9/13 - 9/27 ~ Class #13717 10/4 - 10/18 ~ Class # 13718 Max Enrollment = 8
Tuesday			
Activity	Time	Location	Requirements
Billiards	9:00 a.m. – 3:00 p.m.	Pool Room	Maximum Capacity = 8
Book Club	12:15 p.m. – 1:15 p.m. (1 st Tuesday)	Virtual (Zoom)	August 3: The Underground Railroad by Colson Whitehead September 7: My Beloved World by Sonia Sotomayor
Case Management	9:00 a.m. – 3:00 p.m.	Mastick Office	Appointment Required Call 510-747-7505
Computer Lab	Timed slots as follows: 9:00 a.m. – 9:45 a.m. 10:00 a.m. – 10:45 a.m. 11:00 a.m. – 11:45 a.m. 12:00 – 12:45 p.m.	Room C	13 computers available Reservation Encouraged Call 510-747-7500 First Come, First Served
Creative Writing	9:00 a.m. – 11:00 a.m.	Mastick Courtyard	Fee ~ Registration Required
HICAP	9:30 a.m. - 12:30 p.m. (1 st & 3 rd Tuesday)	Mastick Office	Appointment Required Call 510-893-0393

Lunch Program	11:45 a.m. – 12:30 p.m.	Grab & Go Dining Room I	Reservation Required Call 510-747-7503
Qigong	10:00 a.m. – 11:00 a.m.	Parking Lot Breezeway	Fee ~ Registration Required
Thrift Shop	10:00 a.m. – 2:00 p.m.	Thrift Shop	Limited Capacity
Today's World	9:30 a.m. - 11:30 a.m.	TBD	TBD
Transportation Assistance	9:00 a.m. – 12:00	Mastick Office	Appointment Required Call 510-747-7513

Wednesday

Activity	Time	Location	Requirements
Billiards	9:00 a.m. – 3:00 p.m.	Pool Room	Maximum Capacity = 8
Bridge Players	9:00 a.m. – 3:00 p.m.	Mastick Courtyard	Reservation Encouraged Call 510-747-7500 First Come, First Served
Case Management	9:00 a.m. – 3:00 p.m.	Mastick Office	Appointment Required Call 510-747-7505
Computer Lab	Timed slots as follows: 9:00 a.m. – 9:45 a.m. 10:00 a.m. – 10:45 a.m. 11:00 a.m. – 11:45 a.m. 12:00 – 12:45 p.m.	Room C	13 computers available Reservation Encouraged Call 510-747-7500 First Come, First Served
Diabetes Support Group	10:00 a.m. – 12:00	Virtual (Zoom)	Registration Required Link provided upon request
Lending Library	10:00 a.m. – 12:00	Media Room	Maximum Capacity = 8
Line Dance - Intermediate	10:30 a.m. – 12:00	Mastick Patio	Fee ~ Registration Required Max Enrollment = 20
Lunch Program	11:45 a.m. – 12:30 p.m.	Grab & Go Dining Room I	Reservation Required Call 510-747-7503
MSCAB Meeting	9:30 a.m. – 11:00 a.m.	Virtual (Zoom)	Registration Required Link provided upon request
Notary	By Appointment	Mastick Office	Appointment Required Call 510-747-7500
Pilates	9:00 a.m. – 10:00 a.m.	Virtual (Zoom)	Registration Required Link provided upon request

Thursday

Activity	Time	Location	Requirements
Billiards	9:00 a.m. – 3:00 p.m.	Pool Room	Maximum Capacity = 8
Bocce Ball	9:00 a.m. – 3:00 p.m.	Mastick Courtyard	Reservation Required Call 510-747-7500
Brown Bag Distribution	1 st & 3 rd Thursdays	Dining Room I	Registration Required Call 510-534-8540
Cards & Games	9:00 a.m. – 3:00 p.m.	Mastick Courtyard	Reservation Encouraged Call 510-747-7500 First Come, First Served
Case Management	9:00 a.m. – 3:00 p.m.	Mastick Office	Appointment Required Call 510-747-7505
Computer Lab	Timed slots as follows: 9:00 a.m. – 9:45 a.m. 10:00 a.m. – 10:45 a.m. 11:00 a.m. – 11:45 a.m. 12:00 – 12:45 p.m.	Room C	13 computers available Reservation Encouraged Call 510-747-7500 First Come, First Served
Egyptian Folkloric Dance	11:15 a.m. – 12:15 p.m.	Virtual (Zoom)	Registration Required Link provided upon request
Great American Songbook	1:00 p.m. – 2:00 p.m. (1 st & 3 rd Thursdays)	Virtual (Zoom)	Registration Required Link provided upon request
Lunch Program	11:45 a.m. – 12:30 p.m.	Grab & Go Dining Room I	Reservation Required Call 510-747-7503
Pickleball		Lincoln Park	Varies by month
Quilting & Sewing Circle	9:00 a.m. – 12:00	Room B	Free ~ Registration Required 3-week sessions: 8/12 – 8/26 ~ Class #13720 9/2 -9/16 ~ Class #13721 9/23 - 10/7~ Class #13722 10/14 -10/28 ~ Class #13723 Max Enrollment = 8

Scrabble	9:00 a.m. – 3:00 p.m.	Mastick Courtyard	Reservation Encouraged Call 510-747-7500 First Come, First Served
Table Tennis	12:00 – 3:00 p.m.	Bay Street Terrace	Registration Required Max Enrollment = 14
Thrift Shop	9:30 a.m. – 2:30 p.m. or Until Full	Thrift Shop	Open for Donations ONLY For information, Call 510-747-7500
Transportation Assistance	9:00 a.m. – 12:00	Mastick Office	Appointment Required Call 510-747-7513
Friday			
Activity	Time	Location	Requirements
Computer Lab	Timed slots as follows: 9:00 a.m. – 9:45 a.m. 10:00 a.m. – 10:45 a.m. 11:00 a.m. – 11:45 a.m. 12:00 – 12:45 p.m.	Room C	13 computers available Reservation Encouraged Call 510-747-7500 First Come, First Served
French – Intermediate Translation	10:00 a.m. – 10:45 a.m.	Mastick Courtyard	Registration Required Max Enrollment = 18
French – Intermediate Conversation	11:00 a.m. – 11:45 a.m.	Mastick Courtyard	Registration Required Max Enrollment = 18
German Conversation	10:00 a.m. – 12:00	Virtual (Zoom)	Registration Required Link provided upon request
Hula - Intermediate	1:00 p.m. – 2:00 p.m.	Mastick Patio	Registration Required Max Enrollment = 18
Hula - Advanced	2:00 p.m. – 3:00 p.m.	Mastick Patio	Registration Required Max Enrollment = 18
Italian Conversation	10:00 a.m. - 12:00	Virtual (Zoom)	Registration Required Link provided upon request
Lending Library	10:00 a.m. – 12:00	Media Room	Maximum Capacity = 8
Mastick Movie Club	10:00 a.m. – 12:00 (1 st Friday)	Virtual (Zoom)	Registration Required Link provided upon request
Yoga	10:30 a.m. – 11:30 a.m.	Mastick Patio	Registration Required Max Enrollment = 20

Program dates, times, and locations subject to change.

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