

Or looking for a support group, social organization, or a quiet place to meet (continued)...

East Bay Retired Teachers Association

East Bay Retired Teachers Association meets in the Mastick Social Hall on the **first** Thursday of the month at 10:00 am. These meetings are open to retired public education and administrative professionals residing within Alameda County. Association objectives are to support public education, promote the professional interest of public school teachers, and provide a continuing statewide scholarship program. This group also promotes the welfare and social relationships of its members in ways compatible with public interest which includes support of beneficial legislation and resistance to detrimental legislation. This is a nonprofit without union association. Meetings include catered lunches, entertainment, socialization, community spirit, and more!

AARP Meets Monthly @ Mastick

AARP Chapters provide a local link between members, communities, and AARP programs and services. The local AARP Chapter meets in the Mastick Social Hall on the **third** Thursday of the month at 11:30 am. This monthly meeting offers an opportunity for members to socialize while learning about AARP programs and services.

Or travel local or abroad...

Bay Area Issues & Places*

Donna Carruth, Alameda Adult School instructor, will teach you how to navigate the various public transportation systems available in the Bay Area while traveling to various scenic Bay Area locations. Sturdy walking shoes and a jacket are a must! Register on **Monday, September 13, at 10:30 am in Dining Room 2.**

Mastick Excursions Information Board

The Mastick Excursions Information Board is located in the Mastick Office and has information about upcoming trips, registration forms, upcoming events (i.e., travel presentations), Trips at a Glance, and Trip Policy and Procedure Manual which explains the trip activity rating system. Staff is available to assist you on **Tuesdays** and **Thursdays** between **9:00 am** and **3:00 pm** or by appointment by calling 747-7511.

Day Trip Program

The Mastick Day Trip Program is available to individuals 50-plus and offers a wonderful opportunity for affordable "day" travel once a month. Trips are advertised in the monthly newsletter, *The Mastick Bee*, and online at www.mastickcenter.com. Fliers and brochures are also available and outline trip details (i.e., trip destination, sign-up date, trip departures, return times, costs, etc.).

Elkhorn Slough Cruise

This trip to Moss Landing includes a guided cruise to observe sea otters, harbor seals & migrating birds. Enjoy lunch at Phil's Fish Market!

Thursday, August 19, 2010

8:30 am to 5:30 pm

Cost: \$65 (lunch included)

Activity Level: Three Shoes

Sign up begins: **Tuesday, July 6**, at 8:30 am in Dining Room 2.

Mystery Trip

Dress comfortably for this mystery trip. This trip will provide a scrumptious lunch and guarantees a delightful day.

Tuesday, September 14, 2010

8:00 am to 5:00 pm

Cost: \$55 (lunch included)

Activity Level: Two Shoes

Sign up begins: **Tuesday, August 10**, at 8:30 am in Dining Room 2

