

### Senior Safety Presentation

The Alameda Fire Department is committed to helping the community reduce fire and fall injuries and deaths among older adults. This comprehensive service provides: educational courses in Fire and Fall Prevention, home inspections to identify fire and fall hazards, installation and testing of smoke detectors, assisting with battery replacements, and installing safety night lights. Best of all, these services are **FREE** to Alameda senior residents! Join us on **Thursday, June 3**, at 10:30 am in the Media Room to learn more about this existing new program. To sign up for a free home inspection, contact Erin Christ at Alameda Fire Department: 510-337-2133 or via email: [echrist@alamedafire.org](mailto:echrist@alamedafire.org).

### Birthday Celebration

June "Birthdays" are invited to join us for the Birthday Celebration on **Tuesday, June 8**, at 12:00 pm in Dining Room 1. The celebration includes a *free* lunch, slice of Birthday Cake, and a balloon! Reservations are required and will be accepted until **Thursday, June 3**, at 11:30 am. To reserve a seat, visit the Lobby Desk or call 747-7500 between 9:00 and 11:30 am. On **Tuesday, June 8**, confirm your lunch reservation at the Lobby Desk by completing the lunch application and picking up your lunch ticket no later than **11:30 am**.

### VA Benefits and YOU!

Michael Ennis, Alameda County Veterans Service Officer, will provide an overview of VA Benefits on **Tuesday, June 8**, at 10:00 am in Room D. The overview includes the following:

- How to obtain military records; How to file a VA claim for benefits;
- How to appeal a VA claim decision or denial; VA benefits currently available to Veterans including benefits offered by the Veterans Health Administrations, Veterans Benefits Administration, and the state of California; and
- Veteran's Cemeteries and Long Term Care Insurance

To reserve a seat, sign up in the office or call 747-7506.

### New Member Orientation & YOU!

The New Member Orientation is a must if you are new to Alameda, recently retired, thinking of participating in Center activities, or expecting your parents for an extended visit! The New Member Orientation offers a guided-tour that introduces you to the Center, an information packet outlining the various activities, programs, and services, and a complimentary lunch provided by Bay Area Community Services (BACS)! Make a reservation to join us on **Thursday, June 10**, at 10:30 am, by stopping by the office or calling 747-7506. ***We look forward to meeting you!***

### Spring Dance...*Back to the 50's*

Join us on **Thursday, June 10**, from 1:00 pm to 4:00 pm in the Mastick Social Hall to celebrate spring with dancing and fun. Learn the following dance moves: Line, Western, Ballroom and Tango. Famous DJ David Henry returns and will help to perfect your Swing dance steps. Norma Nocera, local line dance aficionado, will provide line dance instruction. Dress in costume and be eligible for the "best costume award", enjoy door prizes, and refreshments. Volunteers may enter *free* with their volunteer badge. Cost is \$2 per person.

### 44<sup>th</sup> Annual Sand Castle & Sculpture Contest

On **Saturday, June 12**, the 44<sup>th</sup> Annual Sand Castle & Sculpture Contest will be held at Crown Memorial State Beach from 9:00 am and 2:00 pm. Award presentations begin at 1:00 pm. Enjoy ephemeral art created with sand, seaweed, and beach debris. For more information, contact Alameda Recreation & Parks at 747-7529.

### *In Memory*

*Hilda Kruger*

*Agnetta Rosen*

**"Our condolences to family and friends."**