

Mastick Senior Center

a division of Alameda Recreation & Park Department
1155 Santa Clara Ave, Alameda, CA 94501
(510) 747-7500-Fax 523-0247-TDD/TTY 522-5160
Programs and services for adults 50 and older.
Program Information: www.mastickcenter.com
E-mail: jkrause@ci.alameda.ca.us
Weekday Program Hours 8:30am-4:00pm
Recreation & Parks Director: Dale Lillard
Senior Services Manager: Jackie Krause
Senior Services Coordinator: Mariel Thomas
Newsletter Graphics & Layout Volunteer: Phil Smith

The content of the presentations and the opinions of the presenters do not necessarily reflect those of the City of Alameda.

Accessible Home Ownership Presentation

Stephen Beard, ABR, e-PRO, Real Estate Consultant and Accessibility Specialist, will be available on **Tuesday, March 30**, at 1:00 pm in Room D to discuss Accessible Home Ownership options in the Bay Area. Mr. Beard has "first-hand" experience with some of the limitations and fears that make the home buying process stressful for people with disabilities." Attend this presentation by registering in the office or calling 747-7506.

Michael Morgan Visits Mastick Center

Join the Cultural Events class in welcoming Michael Morgan, Music Director and Conductor of the Oakland East Bay Symphony, to Mastick Senior Center on **Wednesday, March 31**, at 1:30 pm in the Social Hall. Mr. Morgan will discuss the history of the Oakland East Bay Symphony, as well as answer questions from the audience. Refreshments will be served.

Art Display—Mastick Center Lobby

January O'Hara, Alameda Adult School Instructor and Artist, leads the Drawing and Painting class that meets in the Skill Center on Mondays from 1:00 pm to 4:00 pm. Ms. O'Hara and her students are responsible for the lovely art exhibit gracing the walls in the Mastick Lobby. Be sure to take a moment to enjoy the talents of our members. Mastick's Museum of Member Artists is free to all members!

Mastick Senior Center Advisory Board Officers

Nancy Gormley.....President
Joy Pratt.....Vice President
Lola Brown.....Treasurer
Millie Lum.....Recording Secretary
Mildred Nolan.....Corresponding Secretary

Directors

Roger Baer, Donna Bernadou, Gary Brown, Ginny Carney, Phyllis De La Vergne, Marjorie Mann, Declan "Deg" Powers, Miriam Schiffman, Marion Scire, and Ewart "Red" Wetherill.

Saturday Fundraising Bingo

(Open to the public, 18 years of age and older)
Doors open at 10:00 am/First game at 12:15 pm

Thrift Shop (Open to the public)

Tuesday & Saturday.....10:00 am to 2:00 pm

Supporting Mastick Senior Center Is Easy!

Support Mastick Senior Center by donating the cost savings you received from the 2% exemption on the Utility Users' Tax (UUT). Alameda residents pay a 7.5% UUT on utility charges (e.g., electrical, gas, and cable). Alameda residents, 62 years of age or low-income, are eligible for a 2% exemption on the UUT and have the option of directly benefiting from the 2% reduction or designating Mastick Senior Center as the recipient of an amount equivalent to the cost savings. Donations will be used to fund Mastick Senior Center programs and services.



Coming in April...

Savvy Caregivers

The Alzheimer's Association will present a six-week course that approaches family caregiving as a set of learnable skills centered around the twin goals of taking care of yourself while helping the care-receiver to maintain a state of contented involvement in activities. This course is on **Tuesday** beginning **April 27-June 1**, from 1:30 pm - 3:30 pm in Room E. Sign up for this invaluable training by visiting the Mastick Office or calling 747-7506.