

### **Mastick Book Club**

On **Tuesday, March 2**, Book Club members will review "Tales of the City" by Armistead Maupin in the Media Room. On Tuesday, April 6, Book Club members will review "The Girl with the Dragon Tattoo" by Stieg Larsson.

### **How to Plan Your Estate**

Join Mary Widenor, Attorney and Alameda Adult School Instructor, for a five-week class on **Will and Estate Planning**. This class will include the unusual situation in 2010 when the estate tax is repealed for one year, the unlimited stepped-up basis at death is also repealed; property tax, gift tax, and income tax laws, as related to estate planning, wills, trusts, avoiding probate; estate planning using various methods of holding title, powers of attorney, and conservatorship. Join us on **Wednesdays, March 3 - March 31**, 10:00 am - 11:30 am in Dining Room 2. Register in the office or call 747-7506.

### **AARP Driver Safety Program**

*AARP Driver Safety Program* is the largest classroom driver course specifically designed for motorists who are 50 and older! This eight-hour course is taught in two, four-hour sessions over a two-day period and is offered **Wednesdays, March 3 & 10**, from 9:00 am to 1:00 pm in Room D. *Preregistration is a must.* There is a \$12 per person fee for AARP members (AARP membership number required) and \$14 per person fee for non-AARP members. The registration is payable by check **ONLY** made payable to AARP.



### **Mastick Travel Program Presentation**

Join Mastick staff and representatives from Collette Tours for a preview of 2010 trips including National Parks and Canadian Rockies. In addition, we are interested in hearing your ideas and suggestions for potential trips for 2011. Hope to see you on **Thursday, March 4**, at 10:30 am in the Media Room.

### **April's Trip ...Asparagus Festival**

Enjoy a fun-filled day at the Asparagus Festival experiencing the many ways you can cook and serve asparagus. Lunch on your own at the various food booths. The festival covers three to four square blocks...so wear your walking shoes, apply sunscreen and bring a hat!!

**Friday, April 23, 2010**

**8:00 am to 5:00 pm**

**Cost: \$25 (Lunch NOT Included)**

**Activity level: Three Shoes**

Sign up begins: **Tuesday, March 9**, at 8:30 am in Dining Room 2.

### **American History with Roger Baer**

Join Roger Baer, Volunteer Instructor, holds degrees in American History and has taught history for 30 years as he presents a seven-part presentation covering California History, the Revolution & Confederation, Constitution, the Westward Movement, Civil War, the World Wars, the Cold War, and Current Affairs. This course will start on **Tuesday, March 9**, from 10:00 am to 11:30 am in Dining Room 2. To attend, sign up in the office or call 747-7506.

### **Buyer Beware!!**

On **Tuesday, March 9**, at 1:00 pm in Room D, a representative from Legal Assistance for Seniors (LAS) will present "Buyer Beware". Topics include: Common scams by telemarketers, mail, door-to-door solicitors, and Internet scams; Fair credit reporting and how to dispute inaccurate credit reports; and Ways to help stop financial abuse, harassments and threats by debt collectors. To attend, sign up in the office or call 747-7506.

### **New Member Orientation & YOU!**

The New Member Orientation is a must if you are new to Alameda, recently retired, or wanting to learn more about Center programs! The New Member Orientation offers a guided-tour that introduces you to the Center, an information packet outlining the various activities, programs, and services, and a complimentary lunch provided by Bay Area Community Services (BACS)! Make a reservation to join us on **Thursday, March 11**, 10:30 am by visiting the Mastick Office or calling 747-7506.