

**Mastick Senior Center**

a division of Alameda Recreation & Park Department  
 1155 Santa Clara Ave, Alameda, CA 94501  
 (510) 747-7500-Fax 523-0247-TDD/TTY 522-5160  
 Programs and services for adults 50 and older.  
 Program Information: [www.mastickcenter.com](http://www.mastickcenter.com)  
 E-mail: [jkrause@ci.alameda.ca.us](mailto:jkrause@ci.alameda.ca.us)  
 Weekday Program Hours 8:30am-4:00pm  
 Recreation & Parks Director: Dale Lillard  
 Senior Services Manager: Jackie Krause  
 Senior Services Coordinator: Mariel Thomas  
 Newsletter Graphics & Layout Volunteer: Phil Smith

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The content of the presentations and the opinions of the presenters do not necessarily reflect those of the City of Alameda.

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**Music Appreciation Class**

Join William Sturm, Volunteer Instructor, on **Thursday, January 28**, at 1:30 pm in Dining Room 2 for a piano recital and discussion about the "Spanish Miniaturist: Frederic Mompou". The recital will feature works by Barcelona's famed composer. Pre-register in the Mastick Office or call 747-7506.

**New—Remembering When—New**

**The Alameda Fire Department's Senior Citizen Fall and Fire Prevention Program is offering a new service for older adults, *Remembering When*.** The City of Alameda is committed to helping the community reduce fire and fall injuries and deaths among older adults. **This comprehensive service provides: educational courses in Fire and Fall Prevention, home inspections to identify fire and fall hazards, installation and testing of smoke detectors, assisting with battery replacements, and installing safety night lights.** Best of all, these services are FREE to Alameda senior residents! Consider attending a *Remembering When* one-hour presentation that will be offered throughout the city. To learn more about this service or to sign up for a free home inspection visit, contact Erin Christ at Alameda Fire Department: 510-337-2132 or via email: [echrist@alamedafire.org](mailto:echrist@alamedafire.org).

**Mastick Senior Center Advisory Board Officers**

Nancy Gormley.....President  
 Joy Pratt.....Vice President  
 Lola Brown.....Treasurer  
 Millie Lum.....Recording Secretary  
 Mildred Nolan.....Corresponding Secretary

**Directors**

Roger Baer, Donna Bernadou, Gary Brown, Ginny Carney, Phyllis De La Vergne, Marjorie Mann, Declan "Deg" Powers, Miriam Schiffman, Marion Scire, and Ewart "Red" Wetherill.

**Saturday Fundraising Bingo**

(Open to the public, 18 years of age and older)  
 Doors open at 10:00 am/First game at 12:15 pm

**Thrift Shop (Open to the public)**

Tuesday & Saturday.....10:00 am to 2:00 pm

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**Really Simple Syndications (RSS)**

RSS benefits readers who want the latest updates from their favorite web sites. Our website now offers RSS feeds to help you keep on your toes! Three of our pages (i.e., Home, Special Events, and Mastick Bee) have an orange RSS symbol located below the weather section (on the left side section of the page under the menu). Just click the orange RSS symbol on one of these pages to subscribe and know when updates are available. To learn more about RSS feeds and how to subscribe, visit "YouTube" at <http://www.youtube.com/> and in the search box enter "RSS in Plain English" or "RSS Tutorial". Or, feel free to ask Beth, Bill, or Nancy in Mastick's Computer Lab for assistance.

**For February 2009 ...****Cultural Events**

The Cultural Events class provides an avenue to explore art, dramatic performances, literature, guest speakers, stimulating discussion, mini-concerts, and travel to cultural and theatrical performances. This class meets on Wednesdays, beginning **February 3**, at **1:00 pm** in **Dining Room 2**. Transportation to cultural performances is provided via City of Alameda Measure B monies. Sign up in the office or call 747-7506. The cost is \$75 per person. If the price is too steep, consider applying for the MSCAB Scholarship Program. Applications are available in the office.