

Mastick Senior Center

a division of Alameda Recreation & Parks
 1155 Santa Clara Ave, Alameda, CA 94501
 (510) 747-7500-Fax 523-0247-TDD/TTY 522-5160
 Programs and services for adults 50 and older.
 Program Information: www.mastickcenter.com
 E-mail: jkrause@ci.alameda.ca.us
 Weekday Program Hours 8:30am-4:00pm
 Recreation & Parks Director: Dale Lillard
 Senior Services Manager: Jackie Krause
 Senior Services Coordinator: Mariel Thomas
 Newsletter Graphics & Layout Volunteer: Phil Smith

Music Appreciation with William Sturm

Join **William Sturm**, Volunteer Instructor, on **September 24**, at 1:30 pm in Dining Room 2 for a piano recital and discussion about Edvard Grieg and Friends: Music from Scandinavia. Enjoy music from Denmark, Sweden, and Norway. Sign up in the office or call 747-7506.

Lucky S.H.A.R.E.S Program

Now you can help Mastick Senior Center while shopping at Lucky stores. Mastick is participating in the Lucky supermarket S.H.A.R.E.S Program. Each time you shop at any Lucky store and swipe your S.H.A.R.E.S card before you pay, 3% of the purchase price of qualified items, including produce and groceries, will accrue to our Mastick account. A check will be sent to Mastick each month based on purchases. If you are a **frequent** shopper at Lucky stores, and would like to help raise money for Mastick, please stop by our Office to receive a card and start shopping! No personal information is passed on to Lucky stores. Get your card while they last! Thank you, in advance, for your support.

Mastick Senior Center Advisory Board Scholarship Program

Mastick Senior Center has received **funds and restricted donations** to be used to create a Scholarship Program. These funds are designated to help our current members defray a part of the costs for classes and/or day trips. Scholarship funds are available, **once per year**, to current members who qualify by meeting low income limits. The funds can offset up to 50% (not to exceed \$50) of fees for classes, trips and/or programs. Visit the Mastick Office for more information or an application.

Mastick Senior Center**Mastick Senior Center Advisory Board Officers**

Nancy Gormley.....President
 Joy Pratt.....Vice President
 Lola Brown.....Treasurer
 Millie Lum.....Recording Secretary
 Mildred Nolan.....Corresponding Secretary

Directors

Roger Baer, Donna Bernadou, Gary Brown, Ginny Carney, Phyllis De La Vergne, Marjorie Mann, Declan "Deg" Powers, Miriam Schiffman, Marion Scire, and Ewart "Red" Wetherill.

Saturday Fundraising Bingo

(Open to the public, 18 years of age and older)
 Doors open at 10:00 am/First game at 12:15 pm

Thrift Shop (Open to the public)

Tuesday & Saturday.....10:00 am to 2:00 pm

Apple Hill in October!

We're heading up to High Hill Ranch for a wonderful tour, a delicious chicken lunch, and apples, apples, and more apples.

Tuesday, October 13, 2009

8:00 am to 6:00 pm

Cost: \$50 (lunch included)

Activity Level: Two Shoes

Sign up begins:

Tuesday, September 8, 2009,

at 8:30 am in Dining Room 2.

Cirque du Soleil in January 2010

The incredible Cirque du Soleil troupe returns to San Francisco with their new show "Ovo".

Thursday, January 7, 2010

2:00 pm to 7:45 pm

Cost: \$65 (meal NOT included)

Activity Level: Two Shoes

Sign up begins: **Tuesday, September 8, 2009,**

At 8:30 am in Dining Room 2.

Coming in October...**Jewelry Making...****Wearable Art by Rose Designs**

On **Saturday, October 3**, 9:30 am to 11:30 am in Room B, join **Rose O'Neill**, custom jewelry designer, in Room B for an opportunity to make a beaded necklace and pair of earrings. Clip-on earrings available, as well as a necklace long enough to go over your head without a clasp. Beads and tools will be supplied unless you would like to go "green" and redesign beads already in your possession. Class is limited to 10 students. Cost is \$20 per person. Sign up in the Mastick Office or call 747-7506.