

Mastick Holiday Closure

On **Monday, September 7, 2009**, Mastick Senior Center will be closed for the Labor Day holiday. For meal service, consider contacting Alameda Meals on Wheels (AMOW) by calling 865-6131. Advanced reservations required.

Mastick Senior Center Receives Grant

On June 30, the Alameda County Board of Supervisors approved a grant for Mastick Senior Center in the amount of \$24,603. We are very thankful for the continuous support received from the Alameda County Board of Supervisors and the Alameda County Area Agency on Aging. Thank you for your 26 year commitment to Mastick Senior Center and the City of Alameda!

Annual Open House Event...***Mastick's Mardi Gras Extravaganza***

Join us for our Annual Open House Celebration on **Sunday, September 20**, from 1:00 pm to 4:00 pm in the Mastick Courtyard. This annual event serves as an opportunity to explore the various activities, programs, and services available at Mastick Senior Center. Enjoy music by "**And That's Jazz**" Band, dancing, refreshments, socializing with friends, and all the flavors of New Orleans! *Consider wearing your favorite costume...*

Book Club

On **Tuesday, September 1**, Book Club members will share a book of their choosing at 1:00 pm in the Media Room. In addition, representatives from Books Inc. will be present to discuss new releases and upcoming events for fall. Book Club members will review "The Shack" by William P. Young on **Tuesday, October 6**. If you have any questions, please contact the Mastick Office at 747-7506.

Gardening Presentation

On **Tuesday, September 1**, at 1:30 pm in Room E, join **Eva Joseph**, local landscape consultant, for a discussion on "turning any space into a garden that is satisfying to look at as it is to maintain." Topics may include: drought tolerant plants, economical plants, native plants, and more. This is a great opportunity to get ideas for your fall and winter gardens. Sign up in the office or call 747-7506.

AARP Driver Safety Program

AARP Driver Safety Program is the largest classroom driver course specifically designed for motorists who are 50 and older! This eight-hour course is taught in two, four-hour sessions over a two-day period and is offered **Wednesdays, September 2 & 9**, from 9:00 am to 1:00 pm in Room D. *Preregistration is a must.* There is a \$12 per person fee for AARP members (AARP membership number required) and \$14 per person fee for non-AARP members. The registration is payable by check **ONLY** made payable to AARP. **Ask your insurance agent about automobile insurance discounts.**

Computer Instruction Made Easy!

Alameda Adult School instructors provide computer instruction in a friendly, relaxed atmosphere at Mastick Center. The fall quarter begins **Tuesday, September 8**. Class instruction is provided **free** through the Alameda Adult School. There is a \$7 materials fee. Registration forms outlining fall class offerings and prerequisite information is available in the Coffee Area. **Sign up in the office or call 747-7506.**