

Mastick Senior Center 2018 Special Events Calendar



MARCH

THU	1	Presentation: Great American Songbook, 1:30 p.m., DR 2
SUN	4	“The World Comes to Alameda” Book Signing, 2:00 p.m. – 4:00 p.m., Alameda Main Library Stafford Room (1550 Oak St.), Enjoy refreshments and a chance to win an autographed copy of the book! All welcome!
TUE	6	Book Club, 12:00, DR 2, Presentation: Advance Healthcare Directives, 1:00 p.m., Rm D
WED	7	Jewelry Sale, 10:00 a.m. – 2:00 p.m., Mastick Lobby
THU	8	New Member Orientation, 10:30 a.m., Media Rm
SUN	11	Daylight Saving Time, Set clocks ahead one hour!
TUE	13	Workshop: Heal Your Heart, 1:00 p.m. – 2:30 p.m., DR 2
WED	14	Presentation: The Last Gift Box, 1:00 p.m., Rm D
THU	15	Teens Teaching Technology, 4:00 p.m. – 5:00 p.m., Rm C
FRI	16	Trip: Legion of Honor and the de Young Museum, 8:00 a.m. – 4:45 p.m., Kayak Tour: Arrowhead Marsh, 9:30 a.m. – 12:30 p.m., Towata Park (3315 Bridgeway Isle)
TUE	20	Presentation: Seniors’ Guide to Public Benefits, 1:00 p.m., Rm D
WED	21	Mystery Book Discussion Group, 1:00 p.m., Rm D, Presentation: Sleep Tips & Tricks, 1:00 p.m., Media Rm
THU	22	Birthday Celebration, 12:30 p.m., DR 2, Music Appreciation, 1:30 p.m., DR 2, Presentation: Obligations to Future Generations, 1:30 p.m. – 3:00 p.m., Rm D
TUE	27	Presentation: Keeping Elders Safe: An Overview of Elder Abuse, 1:00 p.m., Rm D
WED	28	Diabetes Support Group, 1:00 p.m., Rm D
THU	29	Presentation: Discover Baseball All Over Again, 1:00 p.m., DR 2



NOTE: PROGRAM DATES & TIMES ARE SUBJECT TO CHANGE!

Please refer to the Mastick Newsletter for registration and fee requirements.

Thank you!