

Mastick Senior Center *2018 Special Events Calendar*

JULY



RENEW YOUR MEMBERSHIP TODAY!

TUE	3	Book Club, 12:00, DR 2
WED	4	Center Closed for 4th of July Holiday
THU	5	Portraits by Woodard, 10:30 a.m. – 12:30 p.m., Rm D, Great American Songbook with Glenn Fong, 1:30 p.m., DR 2
TUE	10	Presentation: Healthy Living for Your Brain and Body, 1:00 p.m., DR 2, Workshop: Summer Sweat (Tues. & Thurs., July 10 – Aug. 30), 2:30 p.m. – 3:00 p.m., Water's Edge Lodge (801 Island Dr.)
WED	11	Jewelry Sale, 10:00 a.m. – 2:00 p.m., Mastick Lobby, LGBT Peer Support Group (July 11 & 25), 1:30 p.m. – 3:30 p.m., DR 2, Workshop: Caregiving 101 (Wed., July 11 – Aug. 29), 6:00 p.m. – 8:00 p.m., DR 2 Event: Urquhart Memorial Concert Band, 7:00 p.m. – 8:00 p.m., Social Hall, All welcome!
THUR	12	Free Stroke Assessment, 9:00 a.m. – 12:00, Social Hall, (Call 814-4362 to make an appointment), New Member Orientation, 10:30 a.m., Media Rm
FRI	13	Trip: Steinbeck Center and Home, 8:30 a.m. – 4:30 p.m.
WED	18	Presentation: Janet Dawson, Author, 10:00 a.m., DR 2, Presentation: Naturopathy – A Holistic Approach, 1:00 p.m., Media Rm
THU	19	Presentation: Extended Travel, 10:00 a.m., Media Rm
WED	25	Diabetes Support Group, 1:00 p.m. – 3:00 p.m., Rm D
THU	26	Birthday Celebration, 12:30 p.m., DR 2, Music Appreciation with Bill Sturm, 1:30 p.m., DR 2
FRI	27	Kayaking Oakland Channel, 9:30 a.m. – 12:30 p.m., Meet at Grand St. Marina
MON	30	Multimedia Art Exhibit Submission Forms due in the Mastick Office by 3:00 p.m.



WEDNESDAY EVENING HOURS:
July 11, 18 & 25 – 5:30 p.m. to 8:30 p.m.

NOTE: PROGRAM DATES & TIMES ARE SUBJECT TO CHANGE!
Please refer to the Mastick Newsletter for registration and fee
requirements. Thank you!